



PROFESSIONAL COACHING CLIENT INDEX

Name:Occupation:
Email:Phone #:

Using a scale from 5 (strongly agree) to 1 (disagree), please complete the following questionnaire and email to judy@theinfusiongroupllc.com.

1. I am open minded and welcome contributions of others. _____
 2. I am capable of having a more authentic life/career. _____
 3. I am known for being reliable and will be on time for calls and appointments. _____
 4. I am committed to doing the hard work necessary and let the coach, coach in order to achieve my goals. _____
 5. I am flexible and willing to try doing things in different ways that help me to be more successful. _____
 6. I am willing to complete my homework assignments in between coaching sessions in order to increase my effectiveness. _____
 7. I accept that workplace challenges have solutions and I am determined to find the best solution and establish an action plan for development. _____
 8. I am committed to my professional development. _____
 9. I work well with others. _____
 10. I am accountable for the results I produce through coaching. _____
 11. I have people in my work/personal life that are committed to my success. _____
 12. Others know me for my courage, integrity, trustworthiness and work ethic. _____
 13. I like to be on time for appointments and meetings. _____
 14. I am resilient in the face of adversity. _____
 15. I like to overcome challenges. _____
 16. I have a clear view from the summit of what I where I would like to go in life. _____
 17. I am utilizing professional coaching services for the first time. _____
 18. I keep my word without sabotaging myself or others. I will be truthful with the coach. _____
 19. I am committed to working on self-defeating behaviors that may limit my success. _____
 20. I see professional coaching as a worthwhile investment in my future. I have adequate funds to pay for this time to improve myself professionally. _____
- Total Score** _____

Scoring Key

- 0 – 40 Not Coachable right now.
- 41 -- 60 Coachable; ground rules are to be honored.
- 61 - 75 Coachable
- 76 – 100 Highly Coachable; ask your coach to increase accountability